Barossa Group 2013



For People with ABI & their Family Members

Please join us monthly for a peer support group session, held on Tuesday mornings 10 am - 12 noon, Morning tea, sharing and information provided.

> @ Carers Link Barossa. Schild House, 15 Second Street Nurioopta.

26 Feb: Meet & Greet

26 Mar: Intro to ABI

23 April: How to Navigate the ABI

System

28 May: Loss & Grief

following ABI

18 Jun: ABI Funding 101

23 Jul: ABI & Mental **Health Management**

27 Aug: Self-Managed

Funding

24 Sept: Supporting

Someone with ABI

22 Oct: Financial

Management & **Budgeting (Surviving**

the Short-Term)

26 Nov: Successful

Advocacy for Your

Family Member of Self

0433 388 250





Southern/Fleurieu Group



Acquired Brain Injury Support Network

For People with ABI & their Family Members

Please join us monthly for a peer support group session, held on Monday mornings 10 am - 12 noon, Morning tea, sharing and information provided.

@ Sellicks Community Hall (unless otherwise stated), William Eatts Reserve, Rivera Road, Sellicks Beach.

4 Mar: Meet and Greet and Farm Visit (@ Myponga Pinetree Cottage Farm)

8 April: How to Navigate the ABI System

13 May: Intro to ABI

10 Jun: Loss & Grief following ABI (@ Myponga Pinetree Cottage Farm)

8 Jul: ABI Funding 101

12 Aug: Financial Management & **Budgeting (Surviving** the Short-Term)

9 Sept: Supporting Someone with ABI 14 Oct: Self-Managed **Funding**

11 Nov: Successful Advocacy for Your Family Member of Self

9 Dec: Financial Management & **Budgeting(Surviving** the Long-Term)

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DIRC Evening Group





Acquired Brain Injury Support Network

For People with ABI & their Family Members

Please join us monthly for a peer support group session, held on Thursday evenings 5.30 pm - 7.30 pm,
Afternoon, sharing and information provided.

@ Disability Information & Resource Centre (DIRC), 195 Gilles Street, Adelaide (Rooms 2-3).

28 Feb: Meet and Greet

28 Mar: Intro to ABI

11 Apr: How to Navigate the ABI System

23 May: Anger & ABI: Triggers, Management and

Resources

20 Jun: Loss & Grief

following ABI

18 Jul: ABI & Mental Health Management (including Depression)

15 Aug: Supporting Someone with ABI whilst supporting Yourself

12 Sept: ABI Funding 101

11 Oct: Successful Advocacy for your Family Member or Self

7 Nov: Financial Management & Budgeting: (Surviving the Long-Term)

5 Dec: Self-Managed Funding







Enfield Group 2013





For People with ABI & their Family Members

Please join us monthly for a peer support group session, held on Monday mornings 10 am - 12 noon, Morning tea, sharing and information provided.

@ Enfield Community Centre (Room 2),540 Regency Road, Enfield.

25 Feb: Meet and Greet

15 April: Intro to ABI

27 May: How to Navigate

the ABI System

17 Jun: Self-Managed

Funding

15 Jul: Financial

Management &

Budgeting (Surviving

the Short-Term)

19 Aug: Loss and Grief

following ABI

16 Sept: ABI Funding 101

21 Oct: Financial

Management &

Budgeting(Surviving

the Long-Term)

18 Nov: Supporting

Someone with ABI

Whilst Supporting

Yourself: Carer Session

16 Dec: Successful

Advocacy for your

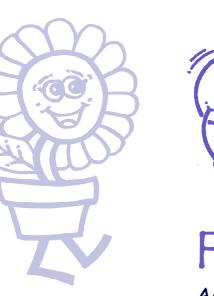
Family Member or Self

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The Corner Group





For People with ABI & their Family Members

Please join us for a peer support group session, held every 5 weeks Friday mornings 10 am - 12 noon, Morning tea, sharing and information provided.

@ The Corner Uniting Church, Corner of Oaklands @ Diagonal Roads, Warradale.

15 Mar: Meet and Greet

12 April: Intro to ABI

24 May: How to Navigate the ABI

System

28 Jun: Loss & Grief following ABI

2 Aug: ABI Funding 101

6 Sept: Anger & ABI:

Triggers, Management

and Resources

11 Oct: Financial

Management &

Budgeting: (Surviving

the Short-Term)

8 Nov: ABI and Mental Health Management

(including Depression)







Mt Gambier Group



For People with ABI & their Family Members

Please join us for a peer support group session, held every 6 weeks on Friday mornings 9.30 am - 11.30 am, Morning tea, sharing and information provided.

Leadlight Room, Main Corner Complex,1 Bay Road, Mount Gambier.

8 Mar: Meet and Greet & Intro to ABI

19 April: How to Navigate the ABI

System

31 May: Loss & Grief following ABI

12 Jul: ABI Funding 101

23 Aug: Supporting Someone with ABI

4 Oct: ABI and Mental Health Management (including Depression

15 Nov: Successful Advocacy for Your Family Member of Self

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Eyre Peninsula Group



For People with ABI & their Family Members

Please join us for peer support & Information group sessions held over two days, each 2-3 months, in Pt Lincoln. Some sessions will be Friday mornings 9.30 am - 11.30 am, and Thursday sessions TBA. Morning tea, sharing and information provided.

Proposed dates: 4-5 April: Meet and Greet / Intro to ABI

13-14 June: How to Navigate the ABI System /

Loss & Grief following ABI

19-20 Sept: ABI Funding 101 / Supporting

Someone with ABI

In 2014 proposed: 20-21 Feb

15-16 May

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